



**NORDIC CHAMPIONSHIP IN KARATE  
27-28.NOVEMBER 2020  
STAVANGER, NORWAY**

*Due to the special circumstances around the Covid-19 virus the Nordic Championship may not be organized as planned at the set date. We will announced latest September 15th if the event will take place as planned or not.*



# WELCOME TO THE NORDIC CHAMPIONSHIP IN KARATE 2020 TO BE HOSTED IN STAVANGER, NORWAY!

## ORGANIZER

Stavanger Karateklubb

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## VENUE

The Nordic Championship 2020 will take place in the same hall as the Senior European Championship in 2006.

Stavanger Idrettshall

Gunnar Warebergs gate 3

4021 Stavanger

## SCHEDULE

Friday 27<sup>th</sup> November 2020

HQ Hotel - Clarion Hotel Energy

17.00-19.00: Executive committee meeting

18.00-19.00: Coach meeting

18.00-21.00: Registration and weighing for kata and kumite

19.00-21.00: Referees briefing and Nordic referee license theoretic examination

Saturday 28<sup>th</sup> November 2020:

At the venue - Stavanger Idrettshall

08.00-09.00: Weighing

09.00 Competition starts

17:00 Super Finals and Medal ceremony

20:00 -23:00: Sayonara Party at Radisson Blu Atlantic Hotel

## ENTRY

Entry by registration through Sportdata.org only (per national team). No other registrations are accepted. Deadline for registration is **Thursday 12<sup>th</sup> November 2020 at the latest.**

If changes are required during the official registration session because of incorrect, missing or new registration data, a fee of €15 is charged for each change.

## REGISTRATION

Individual: € 30

Team: € 50

Payment to be made only  
per bank transfer to: (TBA)

When transferring fee please state: "Nordic Championships 2020 -country" .

Entry fee must be paid by **Thursday 12<sup>th</sup> November 2020 at the latest**. The registration fee will not be accepted in cash on site.

## COMPETITION RULES

WKF competition rules effective 01.01.2020 apply.

## DISCIPLINES

### Kata

Kata female: cadet, junior and senior

Kata male: cadet, junior and senior

Kata team female (age +16)

Kata team male (age +16)

### Kumite

Kumite female cadet: -47kg, -54kg, +54kg

Kumite female junior: -48kg, -53kg, -59kg, +59kg

Kumite female senior: 50kg, -55kg, -61kg, -68kg, +68kg

Kumite male cadet: -52kg, -57kg, -63kg, -70kg, +70kg

Kumite male junior: -55kg, -61kg, -68kg, -76kg, +76kg

Kumite male senior: -60kg, -67kg, -75kg, -84kg, +84kg

Kumite team female: Senior (age +18)

Kumite team male: Senior (age +18)

The organizer reserves rights to change the categories with too few entries in category.

Each country can register two (2) competitors in each individual kumite and kata category. In team kata categories countries can register a third individual competitor if team member.

## COACHES

One coach-card per 4 athletes (max 12 coaches).

## JUDGES AND REFEREES

All qualified Judges and Referees are welcome. Please register via [Sportdata.org](http://Sportdata.org) by 12th November 2020. Max 10 referees per country.

## ACCOMMODATION

The official Head Quarter Hotel is Clarion Hotel Energy and it's walking distance to the venue.

Address: Ishockeyveien 2,  
4021 Stavanger

Distance from venue: 900m  
Distance from City Centre: 3,5km  
Distance from Airport: 13km

Booking direct to:  
[anne.haugstad@choice.no](mailto:anne.haugstad@choice.no) use  
booking code: 17057, book now and  
pay 1<sup>st</sup> September or later.

Single room: NOK 695 incl. breakfast  
Double room: NOK 860 incl. breakfast  
Trippel room: NOK 1110 incl. breakfast

Dinner and lunch is possible to book at the hotel.



**Partner Hotel:** Radisson Blu Atlantic Hotel, is in the heart of Stavanger and also the hotel for Sayonara Party.

Address: Olav V s gate 3  
4005 Stavanger

Distance from venue: 3,4km  
Distance from City Centre: 100m  
Distance from Airport: 13,7km

Booking at [www.radissonblu.com](http://www.radissonblu.com) if not  
already added use code: NRDK20

Single room: NOK 1045 incl. breakfast  
Double room: NOK 1145 incl. breakfast

## GETTING TO AND FROM STAVANGER

Stavanger is within easy access with a well developed infrastructure for both national and international travelers. Most visitors travel to Stavanger by air. Stavanger Airport, Sola is situated 15 km from downtown Stavanger.

Boreal operates an airport transfer service from Stavanger Airport Sola to Stavanger Forum and downtown Stavanger. Departure every 20 minutes

Fjordline operates with one daily departure and arrival from Stavanger to Hirtshals, Denmark, and is the largest cruise ferry to use single fuelled LNG engines.

## TRANSPORTATION IN AND AROUND STAVANGER

Stavanger is a compact city with a pedestrian city center, and all amenities are within a short walking distance. To reach hotels and venues outside of Stavanger, the city has a well developed efficient and environmental friendly bus system, run by Kolumbus.

### RATES:

One-way ticket	35 NOK / 3,5 Euro
24h pass	90 NOK / 9 Euro
Weekly pass	270 NOK / 27 Euro

## SHUTTLE BUSESSES

There will not be a shuttle bus from the HQ, because it is walking distance. To be decided if there will be shuttle bus from the partner hotel.

## SAYONARA PARTY

Saturday 28<sup>th</sup> November 2020 from 20.00-23.00 o'clock the dinner and show for the official delegation, the competitors, the team leaders and the referees will take place at the partner hotel Radisson Blu Atlantic. More information and prices will come later.

## DOPING CONTROL

The participants commit themselves to the valid doping rules. Doping controls can take place.

## EXCLUSION OF LIABILITY

The organizers and promoters exclude any form of liability whatsoever.

## QUESTIONS

If you have any questions about the competition, accommodation, transportation, etc. – contact Mr. Erik M. Frøiland e-mail: [erik.m.froiland@gmail.com](mailto:erik.m.froiland@gmail.com)